



Creating Futures For Individuals With Autism

Behavioral Therapy Services for TRICARE Members

If you are registered in **ECHO or ASD**, consider **Autism Spectrum Therapies (AST)** for behavioral therapy services for your child.

Autism Spectrum Therapies (AST) provides individuals with autism with a range of services from infancy through adulthood, as well as comprehensive training and support for parents and families. Our services are grounded in the principles of **Applied Behavior Analysis (ABA)**, the most widely researched and scientifically-validated method for treating autism.

Our autism therapy programs are based on scientifically-proven methods designed to develop language and social skills within developmentally-appropriate play activities and natural family routines.

Autism Spectrum Therapies (AST) meets and/or exceeds all of the criteria for a service provider under the Enhanced Access to Autism Services Demonstration. Autism Spectrum Therapies (AST):

- implements basic principles of Applied Behavior Analysis (ABA) and target behaviors associated with the core deficits of autism.
- focuses on changing the child's behavior by observing and measuring the behavior in real-life environments.
- uses scientific behavioral data to identify functional relationships between environmental events and behavior.
- gathers behavioral data to track progress in reaching behavioral objectives identified in the Behavior Plan and periodically modifies the plan to adapt to the child's response to the intervention.
- incorporates parent training so family members/caregivers can teach and support skills during typical family activities.
- requires meetings between family members/caregivers and those designing and implementing the intervention program.



For more
Information visit
www.autismtherapies.com
or call
(866) AST-1520

For more information about **Autism Spectrum Therapies (AST)** and our behavioral therapy services, please contact Sabrina Daneshvar, Ph.D., BCBA-D, at (619) 592-1742 or sdaneshvar@autismtherapies.com.

Visit the AST website (www.autismtherapies.com) for more information about autism and Applied Behavior Analysis (ABA).

For a Referral to Autism Spectrum Therapies (AST)

Please contact your Case Management Coordinator and ask for the referral to Autism Spectrum Therapies (AST).