



AST Autism Spectrum Therapies

Creating Futures For Individuals With Autism

Selecting the Best Autism Services Provider for Your Child

The choice of autism treatment can greatly impact a child's progress and future quality of life. It's critical to start the intervention early, as soon as there is any suspicion of developmental delay.

There are a number of therapeutic approaches to consider. Applied Behavior Analysis (ABA) is the most well-researched and scientifically-validated method. Look for service providers that use a blend of ABA-based strategies to ensure programs are collaborative, fun, and make measurable progress. These programs are often family-focused and incorporate everyday home routines.

It is also important to find an established agency with experienced and qualified staff members. Staff members should:

- Make parents and the child feel comfortable
- Take an individualized and collaborative approach to treatment planning
- Provide honest and realistic feedback

Parents should be encouraged to ask as many questions as they wish, such as:

ASSESSMENTS

- Can you provide a basic developmental screening for autism?
- Does the assessment include a printed report, outlining the child's unique strengths/challenges?

THERAPY

- Do you offer ABA-based therapy?
- What specific activities can be done at home to support the child's progress?
- Will your agency work with the child's teachers at school?
- Can you refer parents to other families you have worked with in the past?
- What happens during a typical treatment session?
- How involved will parents be in the day-to-day delivery of the child's program?
- How many hours of therapy per week will the child need?
- Do you provide weekly/monthly reports on the child's progress?
- Do you provide training or support for families?

STAFF QUALIFICATIONS

- What are the qualifications of your therapists regarding Applied Behavior Analysis?
- Will the child's program be supervised by a Master's level staff member?

www.autismtherapies.com

This information is provided by Autism Spectrum Therapies (AST), an agency providing autism services to individuals and families. More information about AST can be found on their website at www.autismtherapies.com.



For more information
visit

www.autismtherapies.com

or call

(866) AST-1520