



AST Autism Spectrum Therapies

Creating Futures For Individuals With Autism

Top Toys for Children Up to Age Five with Autism

Selecting suitable toys for a child's holiday or birthday gifts can be challenging, especially when the recipient is a child with autism. This handy list includes a number of popular, age-appropriate toys for children up to five years of age. Parents should keep in mind, however, that every child is unique and will respond differently to certain toys and teaching materials. You can check with your child's therapist or teacher to determine what's most appropriate for your child's needs and interests.

Children under three:

- Shape sorters
- Puzzles (wooden with handles for each piece; suggested brand: Melissa and Doug®)
- Board books
- Stacking blocks and cups
- Cause-and-effect toys with lights, sounds and/or music (e.g. Pop Up Pals, Fisher-Price® Sing-Along activity Barn, Wiggles® products)
- Plush toys and animals
- Dolls and large action figures

For children age three to five:

- Games (e.g. Candy Land®, Chutes and Ladders®, Don't Break the Ice®, Connect Four™, Hi-Ho Cherry-O, Cariboo, Hullabaloo, Lucky Ducks®)
- Puzzles with up to 25 pieces (suggested brand: Melissa & Doug®)
- Action figures/dolls and related accessories
- Play sets (e.g. kitchen, construction)
- Dress up items and beads
- Puppets
- Story books with large pictures
- Art supplies (markers, crayons, construction paper, glue, clay)
- Small building blocks (e.g. LEGOS®)
- Trucks and cars
- Sorting items (counting sets such as fruit and animals, stacking shapes, peg boards)

For both groups (children five and under):

- Large building blocks (suggested brands: Mega Bloks® or Duplo®)
- Electronic learning toys (suggested brands: Leap Frog®, V Tech®)
- Fisher-Price® Little People® sets (e.g. houses, farms)
- Magna-Doodle®



For more
Information visit
www.autismtherapies.com
or call
(866) AST-1520

This information is provided by Autism Spectrum Therapies (AST), an agency providing autism services to individuals and families. More information about AST can be found on their website at www.autismtherapies.com.